

# El Paso

## Cycle 4, 2016 Final Menu

### November/December Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chicken Chilaquiles* Charro Beans Country Vegetables Wheat Bread Oatmeal Cookie Milk  12/5	BBQ Meatballs Whipped Potatoes Green Beans Roll Cinnamon Applesauce Milk  12/6	Caldo de Pollo White Rice Calabacitas Corn Tortilla Grape Juice Milk  12/7	Hamburger Patty Lettuce and Pickles Ranch Beans Hamburger Bun Hot Spiced Peaches Milk Mustard and Catsup  12/8	Chicken w/ Brown Gravy Mixed Vegetables Parslied Rice Fresh Roll Fresh Fruit Milk  11/4, 12/9	Salisbury Beef w/ Red Sauce Twice Whipped Potatoes Brussels Sprouts Wheat Bread Fresh Orange Milk  11/5, 12/10
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Rosemary Pork Green Peas Garden Vegetables Dinner Roll Fresh Fruit Milk  11/7, 12/12	Chicken Tinga* Cilantro Lime Rice* Squash Medley Flour Tortilla Banana Pudding Milk  11/8, 12/13	Beef Ziti Green Beans Cauliflower Breadstick Fresh Fruit Milk  11/9, 12/14,	Turkey Hot Dog Chili Beans Potato Tots Hot Dog Bun Animal Crackers* Milk  11/10, 12/15	Potato Crusted Fish Macaroni and Cheese Broccoli Dinner Roll Orange Juice Milk Tartar Sauce 11/11, Christmas	Mexican Chicken Chili Mexican Rice Mixed Vegetables Dinner Roll Fresh Fruit Milk  11/12, 12/17
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ranchero Beef Fideo Chuckwagon Corn Wheat Bread Grape Juice Milk  11/14, 12/19	Baked Chicken with Gravy Mashed Spiced Yams Mixed Vegetables Dinner Roll Fresh Fruit Milk  11/15, 12/20	Beef Soft Taco Pinto Beans Stewed Tomatoes Flour Tortilla Birthday Cake  Milk Taco Sauce 11/16, 12/21	Turkey Tetrazzini Broccoli Sliced Carrots Breadstick Peanut Butter Cookie Milk  11/17, 12/22	Pork Carnitas Mexican Rice Calabacitas Flour Tortilla Oatmeal Cream Cookie Milk  11/18, 12/23	Swedish Meatballs Whipped Potatoes Summer Vegetables Wheat Bread Fresh Fruit Milk  11/19, 12/24
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Margarita Chicken Confetti Rice Broccoli Wheat Bread Fudge Cream Cookie Milk  11/21, 12/26	Turkey Breast with Gravy Cornbread Dressing Green Beans Amandine Pumpkin Pie Dinner Roll Cranberry Sauce Milk  Thanksgiving, 12/27	Caldo de Res Mexican Rice Steamed Carrots Corn Tortilla Oatmeal Cream Cookie Milk  11/23, 12/28	Honey Ham Macaroni and Cheese Green Beans Dinner Roll Fresh Fruit Milk  11/24, 12/29	Chicken Fajita Charro Beans Peas and Carrots Flour Tortilla Fresh Fruit Milk  11/25, 12/30	BBQ Pork Rib Patty Chuckwagon Corn Stewed Tomatoes Hamburger Bun Apple Juice Milk  11/26, 12/31
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Meatloaf Tomato Gravy Garlic Whipped Potatoes Garden Vegetables Wheat Bread Pineapple Tidbits Milk  11/28	Oven Fried Chicken Herbed Green Peas Steamed Diced Beets Texas Bread Orange Juice Milk  11/29	Beef Sloppy Joe Tater Genms Squash Medly Hamburger Bun Strawberry Swirl Pudding Milk  11/30	Pork Chile Colorado Yellow Rice Pinto Beans Flour Tortilla Chocolate Chip Cookie Milk  12/1	Beef Burrito Chili Beans Fiesta Vegetables Flour Tortilla Creamsicle Pudding Milk Taco Sauce 12/2	Smoked Sausage Lentils Peas and Carrots Texas Bread Nutty Buddy Bar Milk  12/3
Thanksgiving - 11/22	Christmas - 12/16				
Turkey Breast with Gravy Cornbread Dressing Green Beans Amandine Dinner Roll Pumpkin Pie Milk Cranberry Sauce	Turkey Breast with Gravy Mashed Spiced Yams Italian Green Beans Dinner Roll Ambrosia Pudding Milk				

*Tammy Kingery, RD, LD*

Approved On 10/27/16